



OMAN - Untouched destination



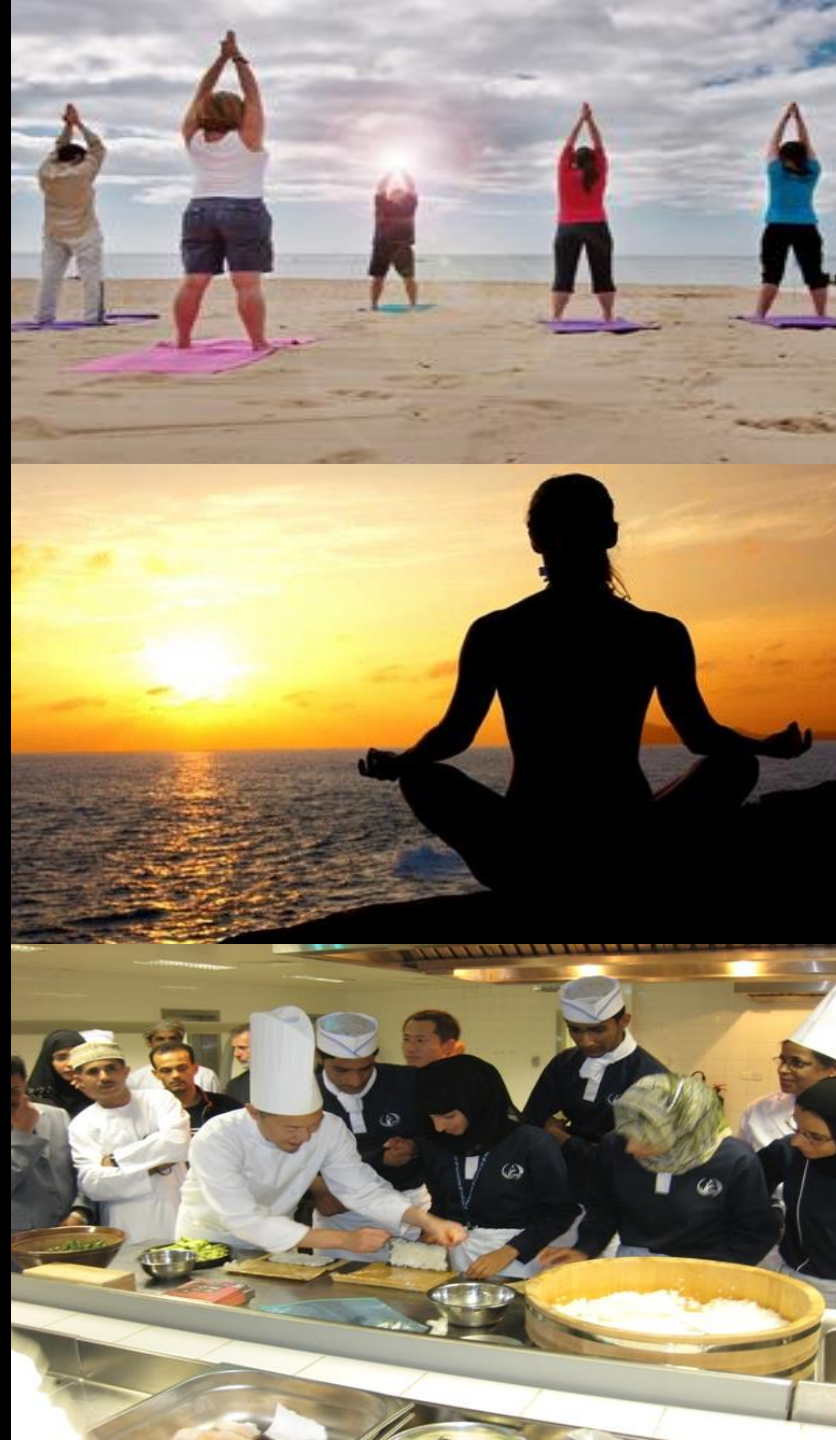
FRESH

Fresh ideas by Travco Oman



List of Ideas

- Culinary Experience at National Hospitality Institute
- Catch & Eat if you can....
- Meeting with Sidab Women's Sewing Group
- Yoga Classes..
- Meditation Classes..
- Meeting with dates Farmers & Learn about date farming..
- Trekking & Swimming at Natural spring of Wadi Shab
- Dine with Museum Curator and his Family
- Learning Experience for Family/Kids



Culinary Experience at National Hospitality Institute



This is a unique experience where our Chef greets visitors at their hotel, takes them on a trip to the local fish market and are brought to NHI and proceed to the kitchen where they have a cooking session of a Fish Dish and a dessert. After the cooking session, they enjoy Omani themed buffet lunch at The Classroom Restaurant.

Venue: Local Fish Market & Gulf Chef School, Classroom Restaurant @ NHI (National Hospitality Institute)
Number of Guests- Min 2 to Max 15

Catch & eat.....If you can...!



Guests will be transferred to the Marina to board on fishing boat and then proceed in to deep sea for Game fishing. If you are up to the challenge of tangling with some of the world's most fierce fish, this is the sport for you. Barracuda, Marlin, sailfish and monster tuna provide exciting drama as they fight your line on the high sea.

Strap yourself into the chair, grab the pole and get ready for the fight for your life, taking on these game fish in their own habitat. You may win the battle or you may not, but the rush of adrenaline will stay in your memory for a long time to come.

After fishing tour, reached to an island where Guests will have a chance to try their hand to Cook the fresh catch during Fishing Tour with the help of our Chef. There is nothing else can be better than to eat the fish which you catch after so much of efforts... 😊

Venue: Marina Bandar Rowdha, Open Sea & Bandar Khairan Island
Number of Guests- Min 2 to Max 12

Meeting with Sidab Women's Sewing Group



Guests will be transferred to the Sidab Women's Sewing Group (SWSG) to understand that how the Social entrepreneurship has become a global movement aiming to effect positive social change, and it has begun to take root in the Arabian Gulf. The Sidab Women's Sewing Group (SWSG), is but one example of a growing group of local women social entrepreneurs. SWSG is Oman's most successful cottage industry based in Sidab, a fishing village near Muscat, with 35 women active in the group. Using traditional 'wizar' art of Oman, products like calico shopping bags, mobile phone cases, cushion covers, tissue boxes, CD covers and water bottle covers are handmade. For the women of Sidab, the formation of this sewing group has been a blessing. The non-profit organization gives them an opportunity to supplement their household income and at the same time utilize their sewing skills.

Enjoy the local Omani Food at SWSG prepared by the local women.

Venue: Sidab Women's Sewing Group at Sidab Village

Number of Guests- Min 2 to Max 15

Yoga Classes...*Nurturing a culture of wellness*



Yoga has been around for thousands of years and is becoming increasingly popular in modern culture. Yoga is not only a great way to get your body moving, but regular practice also provides ample mental and physical benefits. It ensures healthy living by experiencing peace and happiness amidst today's chaotic world. Yoga purely is a gift for all ages.

We do have excellent native German Yoga Teacher in Muscat. We can conduct 90 minutes Yoga session at her studio (at home) in Muscat. The best part is that session will be done in German language and moreover, our guests will also have a view point of Oman life from German point of view

Venue: Residence of Yoga Instructor
Number of Guests- Min 2 to Max 15

Heartfulness Meditation Classes...



Heartfulness is a beautifully simple practice of meditation that connects us with all the light and love in our hearts.

Expand consciousness - Learn Heartfulness Relaxation for physical-mental coherence and calm, followed by Heartfulness Meditation on the source of light in your heart to take you deeper within.

Rejuvenate....Simplify- Instructor will guide you through a simple rejuvenating method to detox your mind. It is useful at the end of the day to let go of stress and complex emotions and will leave you feeling light and refreshed.

Connect....With your inner self- Learn to connect with your inner self by listening to the heart's voice. Observe your deepest feelings, make wise choices and weave your

Venue: Residence of Instructor
Number of Guests- Min 2 to Max 15

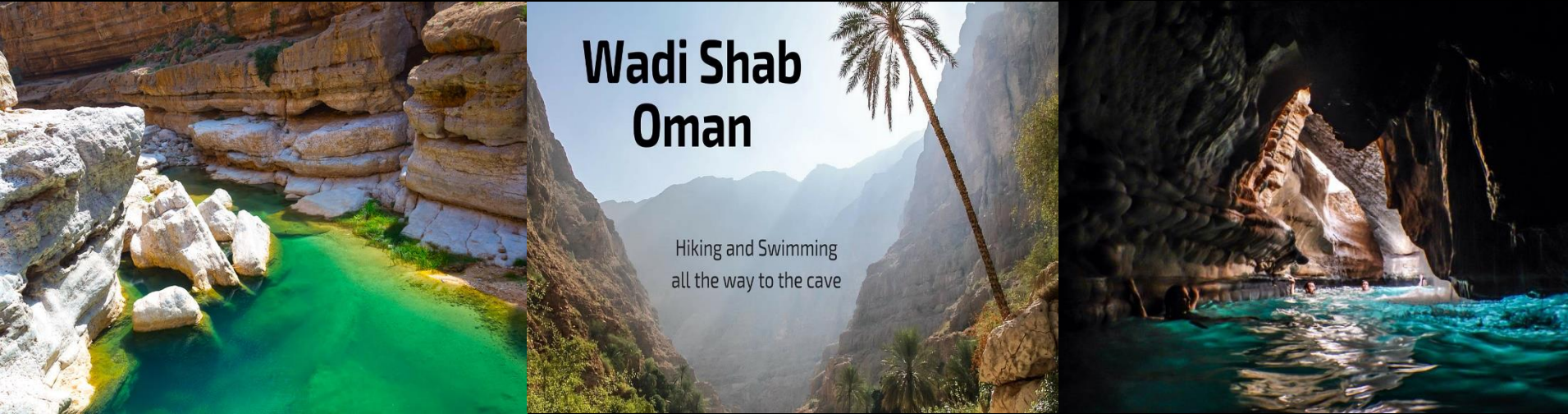
Meet the Farmers & Learn about farming followed by BBQ Lunch under the palm trees in their farm



Birkat Al Mouz village, a small town at the foot of Jabel Akhdar (Green Mountain), famous for its dates, banana farms and water channels. The water channels system in Oman is very old and goes back to 4000 BC and is in use till today. Thus, the UNESCO has acknowledged five of them, locally known as Falaj, as a living heritage of man's hard work and intelligence. In Birkat Al Mouz lies Falaj Al Khatmeen which is one of the five Falajes recognised by UNESCO, visitors can see and learn more about this old water system while looking around the farms and meeting with the farmers over the Live BBQ Lunch under the palm trees.

Venue: Birkat Al Mouz (Near the city of Nizwa)
Number of Guests- Min 2 to Max 30

Trekking & Swimming at Natural spring of Wadi Shab



Located in the Al Sharqiya region in eastern Oman, Wadi Shab, or Wadi Ash Shab, is one of the most spectacular wadis in Oman. It lies on the coastal road of Sur, around 140 kilometres (87 miles) away from Muscat. This wadi is known for its submerged cave with waterfalls, rocky cliffs and turquoise pools. It's also a great place for hiking, swimming, walking and camping. Besides its breathtaking views, Wadi Shab has an amazing environmental biodiversity.

Venue: Wadi Shab
Number of Guests- Min 2 to Max 20

Dine with Museum Curator and his Family



Bait Adam Museum (A Local House). This is a private museum which has an unsurpassed collection of Oman's postal history. Bait Adam contains a large selection of Omani artifacts that are of historical value. There are also a number of old photos and paintings portraying the history of the Oman Royal Family.

The guests when they arrive will visit the museum, they will be greeted by the Curator's family by offering dates and coffee followed by the tour of his museum, this would give the guest to witness the unique collection of currency, paintings, photographs, guns etc. guests are free to explore the venue with the owner of the museum and enjoy the Lunch with his family.

Venue: Bait Adam Museum

Number of Guests- Min 2 to Max 25

Learning Experience for Family/Kids...



Muscat and its surroundings are full with the activities suitable for families and kids

Dolphin Watching - We took a boat trip out in to the Gulf of Oman to spot wild dolphins and it really was the most wonderful trip. water was calm and shimmering and suddenly a dozen dolphins were leaping and playing all around. It is a magical experience and the children thought it was really exciting to see these beautiful creatures in the wild.

Soccer game with Local kids club- We can organize a visit to local soccer training club and meet the local children learning the soccer skills. Have a joint class with them!

Turtle Watching-The turtle nesting sites of Oman are world famous as people travel from far and wide to witness the turtles hatching under the moonlight. From the kids to the adults, this is an incredible experience and not one that anyone would forget in a hurry. Teaching our kids about nature, the ocean and how to preserve them is an incredibly important lesson that we can teach and being able to show them first hand the lives that we need to protect is a great learning tool.

Venue: Various location in and around Muscat

Number of Guests- Min 2 to Max 25

Meet Oman's Most Skilful Halwa Maker from Nizwa



Omani Halwa (sweet) is known as a symbol of traditional Omani hospitality at home and abroad. It is usually served in Omani homes before drinking Arabic coffee,. Halwa is usually served in a dish, a large earthenware howl, which can vary in size and composition according to the demand or type of occasion. Halwa is invariably served at the times of joy or sorrow and on religious occasions and festivals. It graces the table of every Omani home.

Nizwa is well-reputed of halwa making and thus, many people seek this place to relish the amazing flavor of Omani halwa. Saif Al Saifi is one of the most skillful and masterful halwa makers in Oman. With an experiences of 35 years in making this sweet. Visiting the Al Saifi factory, one will be exposed to the different varieties of halwa such as the one make by white sugar or red sugar. There is also the special halwa which is differs from the previous ones in terms of the number of ingredients added such as saffron and nuts.

Venue: Nizwa
Number of Guests- Min 2 to Max 20
Timing: 5 am to 8 am.

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